References 8-2010

Internet articles:
Note: These articles can be accessed through links in the References section of the Sensory Connection Program website: www.sensoryconnectionprogram.com

http://www.mass.gov/Eeohhs2/docs/dmh/rsri/restraint_resources.pdf
Mass DYS Safety Tool Protocol - excellent picture oriented tools to determine triggers and warning signs
NASMHPD info on Restraint Reduction - supports use of comfort rooms
http://www.mass.gov/Eeohhs2/docs/dmh/rsri/sensory_article.pdf
Prentation by Tina Champagne on Weighted Blanket research (2007)
Busy hands may prevent symptoms of PTSD - Emily Holmes Research Study
http://www.violence.de/prescott/pppj/article.html
VA/DoD Clinical Practice Guideline for the Management of Post-Traumatic Stress

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**Weighted Modalities and Touch**


**External Senses**


Exercise


Relaxation/Meditation


Cognition


Trauma/Self-Injury


**Restraint Reduction**


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**Geriatrics**


