Internet Resources and Supplies
Updated 9/1/2013

Bosu Balance Trainer  www.bosu.com

Brain Gym Movement Exercises for Whole Brain Learning eduksfd@earthlink.net

ROM Dance Program - Gentle exercise and relaxation Videos www.taichihealth.com/indexrom.html

Strong Women and Men Books Great safe exercise programs! www.strongwomen.com/books/

Weighted Modalities
Sommerfly OT designed weighted blankets and many other items http://www.sommerfly.com/
Cozy Calm Weighted Blankets for Sleep and Relaxation - Hospital Grade Blankets http://www.cozycalm.com/
Weighted Wearables Comforter http://www.weightedwearables.com/blanket.html

Wall Murals
http://www.muralsuperstore.com/index.htm

Sensory Supplies
Lava and Motion Lamps - Target
Sound and Aroma Therapy Supplies - Target
Beanbag Chairs and Video Rockers - Target http://www.target.com
Novel sensory supplies http://www.ozmofun.com/

Miscellaneous Inexpensive Supplies
Oriental Trading Company www.oriental.com
Rhode Island Novelty http://www.rinovelty.com/
RESOURCES FOR SENSORY APPROACHES TO TREATMENT

As follow-up to this training it is highly recommended that all facilities have a copy or access to the following resources that help to guide safe treatment and use of sensory modalities.

The Sensory Connection Program:
Activities for Mental Health Treatment
Karen Moore, OTR/L

"The Sensory Connection Program represents a vividly imaginative and theoretically sound occupational therapy intervention program for adults with mental health problems. The author was energized to develop this program when she discovered the impact of sensory-based activities when used with some of her more complicated clients. After a decade of intense study, research, and program development she now presents this program in its entirety." Patricia Wilbarger, MEd, OTR, FAOTA.

The Program consists of two books, both integral to the program design. The Manual contains instructional information, essential guidelines for group and individual treatment and environmental interventions, along with clinical examples and wonderful clinical stories that exemplify program possibilities and experiences. The Handbook contains all the informational sheets and directions needed to conduct the program for group and individual treatment activities. All items in the Handbook are conveniently cross-referenced to the chapters in the Manual. Note: Both the Manual and the Handbook are required to fully implement the program. Manual and Handbook $47.50


Tina Champagne
Sensory Modulation & Environment: Essential Elements of Occupation, Third Edition
$69.99

Includes a CD of all enclosed worksheets, assessment tools and educational resources
The third edition of the Sensory Modulation & Environment handbook is an excellent resource full of practical information created primarily for use with adolescent, adult and geriatric populations in mental health services. It explores the entirety of sensory modulation applications: theory through practice.

Available in products section http://www.ot-innovations.com

****************************************************************************************************
References 8/2013

Internet articles:
Note: These articles can be accessed through links in the References section of the Sensory Connection Program website: www.sensoryconnectionprogram.com

Mass DYS Safety Tool Protocol - excellent picture oriented tools to determine triggers and warning signs follow link to The Safety Tool for Kids

http://www.mass.gov/eohhs/docs/dmh/rsri/sensory-article.pdf

Prentation by Tina Champagne on Weighted Blanket research (2007)

Busy hands may prevent symptoms of PTSD - Emily Holmes Research Study


The Body Keeps Score: Memory & the Evolving Psychology of PTSD Bessel van der Kolk

The Origins of Human Love and Violence (1996) James Prescott, Ph.D., Institute of Humanistic Science
http://www.violence.de/prescott/pppj/article.html

VA/DoD Clinical Practice Guideline for the Management of Post-Traumatic Stress

Sensory Stories are a method to allow children with sensory modulation issues - sensory integration disorder, sensory integration dysfunction - to cope with everyday experiences.
http://www.sensorystories.com/About.aspx

Complementary Therapy for Addiction: “Drumming out Drugs”
http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447805/
http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1449421/?tool=pubmed

Benefits and limitations of music therapy with psychiatric patients in the penitentiary system. Romanowski, B. (2007)

Sensory Rooms


**Sensory Processing and Therapies**


http://aut.researchgateway.ac.nz/bitstream/handle/10292/4312/Sutton%20sensory%20modulation%20in%20acute%20mental%20health%20wards.pdf?sequence=6
retrieved 9/1/2013


**Weighted Modalities and Touch**


**External Senses**


Exercise


Relaxation/Meditation


Cognition


Restraint and Seclusion Reduction


Massachusetts Department of Mental Health. (2008). Creating Positive Cultures of Care: Resource guide. Boston: MA. To order e-mail: dmhinfo@dmh.state.ma.us.


**Trauma/Self-Injury**


Adolescents/Severe Emotional Disturbance


**Sensory Defensiveness**

Mailoux, Z. (1992). Tactile defensiveness: some people are more sensitive. *Sensory Integration Quarterly*


Geriatrics


