

THE SENSORY CONNECTION PROGRAM

Karen Moore OTR/L

References, Internet Resources, and Supplies Updated 10/1/2016

Movement and Exercise

Bosu Balance Trainer www.bosu.com

Brain Gym Movement Exercises for Whole Brain Learning
<http://www.braingym.org/>

ROM Dance Program - Gentle exercise and relaxation Videos
www.taichihealth.com/indexrom.html

Strong Women and Men Books Great safe exercise programs!
www.strongwomen.com/books/

Weighted Modalities

Sommerfly OT designed weighted blankets and many other items
<http://www.sommerfly.com/>

Cozy Calm Weighted Blankets for Sleep and Relaxation - Hospital Grade Blankets
<http://www.cozycalm.info/>

Wall Murals

<http://www.muralsuperstore.com/index.htm>

Sensory Supplies

Lava and Motion Lamps - Target
Sound and Aroma Therapy Supplies - Target
Beanbag Chairs and Video Rockers - Target
<http://www.target.com>

Miscellaneous Inexpensive Supplies

Oriental Trading Company www.oriental.com

Rhode Island Novelty <http://www.rinovelty.com/>

Office Playground <http://www.officeplayground.com>

Internet articles:

Note: These articles can be accessed through links in the References section of the Sensory Connection Program website: www.sensoryconnectionprogram.com

Mass DYS Safety Tool Protocol - excellent picture oriented tools to determine triggers and warning signs follow link to The Safety Tool for Kids

<http://www.mass.gov/eohhs/gov/departments/dmh/restraintseclusion-reduction-initiative.html>

Champagne, T. & Stromberg, N. (2004). Sensory approaches in inpatient psychiatric settings: Innovative alternatives to seclusion and restraint.

<http://www.mass.gov/eohhs/docs/dmh/rsri/sensory-article.pdf>

Presentation by Tina Champagne on Weighted Blanket research (2007)

http://www.ot-innovations.com/images/stories/PDF_Files/aota2007weighted_blanket_web_final_607.pdf

Busy hands may prevent symptoms of PTSD - Emily Holmes Research Study

<http://www.webmd.com/anxiety-panic/news/20040309/busy-hands-hard-times-prevent-ptsd>

Te Pou (2011). Sensory modulation in mental health clinical settings: A review of the literature

<http://www.tepou.co.nz/library/tepou/sensory-modulation-in-mental-health-clinical-settings---a-review-of-the-literature> Retrieved 9/1/2013

The Body Keeps Score: Memory & the Evolving Psychology of PTSD Bessel van der Kolk

<http://www.trauma-pages.com/a/vanderk4.php>

The Origins of Human Love and Violence (1996) James Prescott, P.h.D., Institute of Humanistic Science

<http://www.violence.de/prescott/pppj/article.html>

Sensory Stories are a method to allow children with sensory modulation issues - sensory integration disorder, sensory integration dysfunction - to cope with everyday experiences.

<http://www.sensorystories.com/About.aspx>

Complementary Therapy for Addiction: "Drumming out Drugs"

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447805/>

Pathological effects of the Supermaximum Prison. Rhodes, L. (2005)

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1449421/?tool=pubmed>

Benefits and limitations of music therapy with psychiatric patients in the penitentiary system. Romanowski, B. (2007)

http://www.wfmt.info/Musictherapyworld/modules/mmmagazine/issues/20080108093144/20080108100853/MTT8_3_Romanowski.pdf

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