THE SENSORY CONNECTION PROGRAM

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References, Internet Resources, and Supplies
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Movement and Exercise

Bosu Balance Trainer  www.bosu.com

Brain Gym Movement Exercises for Whole Brain Learning
http://www.braingym.org/

ROM Dance Program - Gentle exercise and relaxation Videos
www.taichihealth.com/indexrom.html

Strong Women and Men Books Great safe exercise programs!
www.strongwomen.com/books/

Weighted Modalities

Sommerfly OT designed weighted blankets and many other items
http://www.sommerfly.com/

Cozy Calm Weighted Blankets for Sleep and Relaxation - Hospital Grade Blankets
http://www.cozycalm.info/

Wall Murals
http://www.muralsuperstore.com/index.htm

Sensory Supplies

Lava and Motion Lamps - Target
Sound and Aroma Therapy Supplies - Target
Beanbag Chairs and Video Rockers - Target
http://www.target.com

Miscellaneous Inexpensive Supplies

Oriental Trading Company  www.oriental.com

Rhode Island Novelty  http://www.rinovelty.com/

Office Playground  http://www.officeplayground.com
Internet articles:

Note: These articles can be accessed through links in the References section of the Sensory Connection Program website: www.sensoryconnectionprogram.com

Mass DYS Safety Tool Protocol - excellent picture oriented tools to determine triggers and warning signs follow link to The Safety Tool for Kids

http://www.mass.gov/eohhs/docs/dmh/rsri/sensory-article.pdf

Prentation by Tina Champagne on Weighted Blanket research (2007)

Busy hands may prevent symptoms of PTSD - Emily Holmes Research Study


The Body Keeps Score: Memory & the Evolving Psychology of PTSD Bessel van der Kolk

http://www.violence.de/prescott/pppj/article.html

Sensory Stories are a method to allow children with sensory modulation issues - sensory integration disorder, sensory integration dysfunction - to cope with everyday experiences.
http://www.sensorystories.com/About.aspx

Complementary Therapy for Addiction: “Drumming out Drugs”
http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447805/

http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1449421/?tool=pubmed

Benefits and limitations of music therapy with psychiatric patients in the penitentiary system. Romanowski, B. (2007)
http://www.wfmt.info/Musictherapyworld/modules/mmmagazine/issues/20080108093144/20080108100853/MTT8_3_Romanowski.pdf
References

Tracking Efficacy – Support for the use of Sensory Approaches


http://dx.doi.org/10.1176/appi.ps.56.9.1115
Te Pou o te Whakaaro Nui (2010). Impact of sensory modulation in mental health acute wards on reducing the use of seclusion and restraint. Aukland: Te Pou o te Whakarro Nui.

**Sensory Rooms and Environment**


ROMPA catalogue, ROMPA: Chesterfield


Sensory Processing and Therapies


Champagne, T. (2005, March). Expanding the role of sensory approaches for acute inpatient psychiatry. Mental Health Special Interest Section Quarterly.


http://aut.researchgateway.ac.nz/bitstream/handle/10292/4312/Sutton%20sensory%20modulation%20in%20acute%20mental%20health%20wards.pdf?sequence=6
retrieved 5/11/2016


**Weighted Modalities and Touch**


Champagne, T.


Field, T., Hernandez-Reif, M., Diego, M., & Fraser, M. (2007). Lower back pain and sleep disturbance are reduced following massage therapy. Journal of Bodywork and Movement


**External Senses**


**Exercise**


**Sleep**


**Relaxation/Meditation**


Cognition


Restraint and Seclusion Reduction


Massachusetts Department of Mental Health. (2008). Creating Positive Cultures of Care: Resource guide. Boston: MA. To order e-mail: dmhinfo@dmh.state.ma.us.


Pagano, J. (2015, October). Occupational therapy to reduce school aggression, restraint, and seclusion. OT Practice, 13-16.


Retrieved 1/27/2016

Trauma/Self-Injury


Adolescents/Severe Emotional Disturbance


**Sensory Defensiveness**


Mailoux, Z. (1992). Tactile defensiveness: some people are more sensitive. *Sensory Integration Quarterly*


Geriatrics