References, Internet Resources, and Supplies
Updated 6/10/2015

Movement and Exercise

Bosu Balance Trainer  www.bosu.com

Brain Gym Movement Exercises for Whole Brain Learning
http://www.braingym.org/

ROM Dance Program - Gentle exercise and relaxation Videos
www.taichihealth.com/indexrom.html

Strong Women and Men Books Great safe exercise programs!
www.strongwomen.com/books/

Weighted Modalities

Sommerfly OT designed weighted blankets and many other items
http://www.sommerfly.com/

Cozy Calm Weighted Blankets for Sleep and Relaxation - Hospital Grade Blankets
http://www.cozycalm.info/

Wall Murals
http://www.muralsuperstore.com/index.htm

Sensory Supplies
Lava and Motion Lamps - Target
Sound and Aroma Therapy Supplies - Target
Beanbag Chairs and Video Rockers - Target
http://www.target.com

Miscellaneous Inexpensive Supplies

Oriental Trading Company  www.oriental.com

Rhode Island Novelty  http://www.rinovelty.com/

Office Playground  http://www.officeplayground.com
References 6/2015

Note: These articles can be accessed through links in the References section of the Sensory Connection Program website: www.sensoryconnectionprogram.com

Evidence Brief on Effectiveness of the Wilbarger Protocol

Mass DYS Safety Tool Protocol - excellent picture oriented tools to determine triggers and warning signs follow link to The Safety Tool for Kids

http://www.mass.gov/eohhs/docs/dmh/rsri/sensory-article.pdf

Presentation by Tina Champagne on Weighted Blanket research (2007)

Busy hands may prevent symptoms of PTSD - Emily Holmes Research Study


The Body Keeps Score: Memory & the Evolving Psychology of PTSD Bessel van der Kolk

http://www.violence.de/prescott/pppj/article.html

Sensory Stories are a method to allow children with sensory modulation issues - sensory integration disorder, sensory integration dysfunction - to cope with everyday experiences.
http://www.sensorystories.com/About.aspx

Complementary Therapy for Addiction: “Drumming out Drugs”
http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447805/

http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1449421/?tool=pubmed
Benefits and limitations of music therapy with psychiatric patients in the penitentiary system.
Romanowski, B. (2007)

Sensory Rooms


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**Sensory Processing and Therapies**


Weighted Modalities and Touch


**External Senses**


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Exercise


Sleep


Relaxation/Meditation


Cognition


**Restraint and Seclusion Reduction**

Massachusetts Department of Mental Health. (2008). Creating Positive Cultures of Care: Resource guide. Boston: MA. To order e-mail: dmhinfo@dmh.state.ma.us.

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Trauma/Self-Injury


Sensory Defensiveness

Mailoux, Z. (1992). Tactile defensiveness: some people are more sensitive. Sensory Integration Quarterly


**Geriatrics**


