

References 5-2009

Internet articles:

Mass DMH Resource Guide: Creating Positive Cultures of Care 2nd Edition

http://www.mass.gov/Eeohhs2/docs/dmh/rsri/restraint_resources.pdf

Mass DYS Safety Tool Protocol - excellent picture oriented tools to determine triggers and warning signs

http://www.mass.gov/Eeohhs2/docs/dmh/rsri/safety_tool_for_kids_sample.pdf

NASMHPD info on Restraint Reduction - supports use of comfort rooms

http://www.nasmhpd.org/general_files/publications/ntac_pubs/networks/SummerFall2002.pdf

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http://www.mass.gov/Eeohhs2/docs/dmh/rsri/sensory_article.pdf

Prentation by Tina Champagne on Weighted Blanket research (2007)

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[innovations.com/images/stories/PDF_Files/aota2007weighted_blanket_web_final_607.pdf](http://www.ot-innovations.com/images/stories/PDF_Files/aota2007weighted_blanket_web_final_607.pdf)

Busy hands may prevent symptoms of PTSD - Emily Holmes Research Study

<http://www.webmd.com/anxiety-panic/news/20040309/busy-hands-hard-times-prevent-ptsd>

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